



AMISA HEADS' RETREAT

OCTOBER 9-10, 2022

time to retreat

ABOUT OUR RETREAT

Relax – Reflect – Rejuvenate

Our Heads' Retreat is an important opportunity for extended collaboration, learning and exploration with colleagues. This year we will be meeting in Asheville, North Carolina, which is located in the foothills of the Blue Ridge Mountains. Our event venue is the famous Biltmore Estate, which will provide you with a chance to relax, reflect, and rejuvenate as you explore over 8,000 acres of historic tours, outdoor activities, wine tasting, and shopping.

The design of the retreat incorporates time for both personal and professional reflection, exploring conversation of interest, and taking time to enjoy this vibrant mountain community. We truly hope you will join us, and your colleagues, for this unique and one-of-a-kind event.

LOCATION & ADDRESS

Village Hotel – Biltmore Estate
One Lodge Street
Asheville, North Carolina, USA
www.biltmore.com

Retreat Overview

We are excited to have Dr. Teresa Arpin facilitate our time together. Dr. Arpin is the President of Transformation Systems and is a well-known friend and thought-partner to the global international school community, including facilitating Heads' Retreats in other regions of the world.

On day one, we will explore Polarity Management, which presents a unique model and set of principles that will challenge you to look at situations in new ways. The methods of Polarity Management were developed by Barry Johnson and are applicable both professionally and personally.

Both days will include options for activities that will help you to rejuvenate and reset your energies for the balance of the school year. For continuing on to the Governance Conference in Miami, it will be an opportunity to start those rich conversations that nourish you and infuse your work with a great sense of purpose!

SUNDAY, OCTOBER 9

9:00-10:00am	Registration & Check-in
10:00am-12:30pm	Group Meeting
12:30-1:30pm	Heads' Lunch
1:30-3:00pm	Group Meeting
3:00-6:00pm	Reflective Space
6:00-8:00pm	Heads' Dinner
8:00pm -	Evening on own

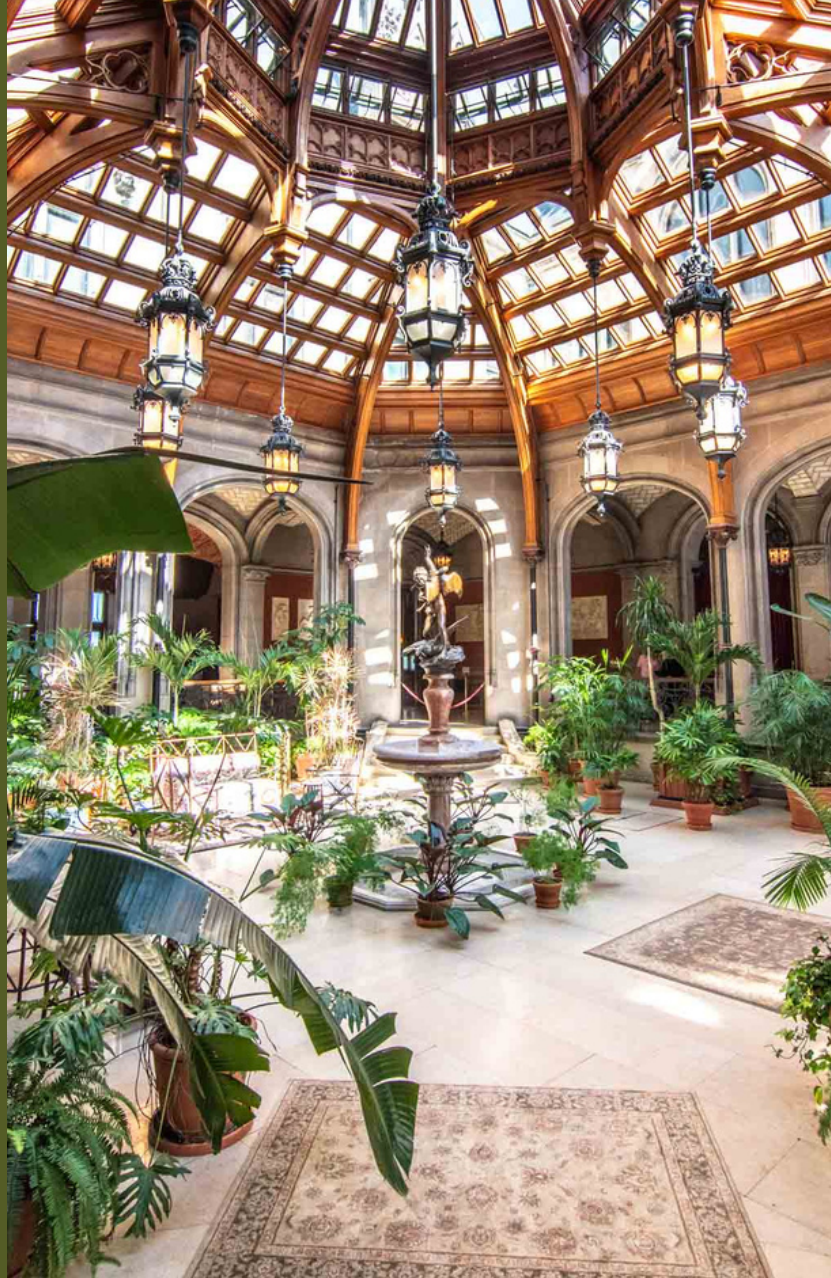
MONDAY, OCTOBER 10

9:15-10:00am	Heads' Breakfast
10:00am-12:30pm	Group Meeting
12:30-1:30pm	Reflective Lunch on own
1:30-3:00pm	Group Meeting
3:00-6:00pm	Reflective Space
6:00pm -	Evening on Own

TUESDAY, OCTOBER 11

Before 11:00am	Check-out
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See you in Miami!





MORE ABOUT THE LOCATION

Asheville – The Land of the Sky

Tucked at the foothills of the Blue Ridge Mountains, Asheville is a vibrant city filled with endless opportunities for outdoor exploration, engaging in the arts, and is a culinary, wine and beer paradise.

Rated in the Top 20 Best Cities to live in the United States, you will quickly experience why so many people love to live and visit The Land of the Sky!

GETTING TO/FROM ASHEVILLE

Asheville Regional Airport (AVL) has a variety of daily flights arriving from major airline hubs, including Dallas, Chicago, Charlotte, and Atlanta.

Taxi, Uber and Lyft services are available from the airport to the hotel. [Read the FAQ page for more details.](#)

There are also several options leaving Asheville for Miami to arrive on time for the AMISA Governance Conference.

Antler Hill Village Hotel

Guests will be staying at the Village Hotel located in the area of Antler Hill Village on the Biltmore Estate property. The hotel is centrally located to a number of shops and venues, including the estate winery where you can enjoy complimentary wine tasting as a hotel guest!

[Explore the Village Hotel](#)

Antler Hill Village

The Retreat hotel is located in Antler Hill Village where guests will have access to explore many shops, restaurants, and the estate winery.

[Explore Antler Hill Village](#)
[Explore the Shops at Biltmore](#)

RELAX & EXPLORE

Relax & Explore

The Biltmore Estate and the city of Asheville have endless options to help you relax and explore. From the outdoors, the arts, tours, and plenty of opportunities to taste the cuisine and local beverages -- we are confident you will find something meaningful that will help you reinforce your goals and purpose for attending the retreat.

The ***RELAX & EXPLORE*** sections in our retreat agenda are set aside for you to do just that -- Relax and Explore! These are unstructured times in the schedule for you to create and engage in your own activities that best suit your personal purpose in attending the retreat. We will not structure anything formal during these times.

Each participant is responsible for their own organizing and costs associated with any personal activities in which they choose to participate.

To provide you with as much space for relaxing and exploring, lunch and dinner on day two will be the responsibility of each individual.

Some ideas to help get you started...

- [Complimentary wine tasting at Biltmore winery](#)
- [Red Wine and Chocolate Tasting](#)
- [Biltmore Immersive Leonardo da Vinci Exhibit](#)
- [Biltmore Spa Experiences](#)
- [Biltmore Tours &](#)
- [Biltmore Outdoor Activities](#)
- [Explore Asheville](#)
 - Arts district
 - Breweries
 - Culinary experiences
 - Spas
 - Wellness Tours





RETREAT PRICE

**\$1199 PER
PERSON**

*INCLUDES TAXES AND FEES

Retreat Pricing

We were able to secure excellent group pricing for lodging and food, especially during the month of October. The Retreat Price of \$1199 includes:

- 2 night stay at the Village Hotel
- Heads' Lunch on Day 1
- Heads' Dinner on Day 1
- Heads' Breakfast on Day 2
- Facilitated sessions with Dr. Teresa Arpin

REGISTRATION INFORMATION

www.amisa.us/headsretreat

REGISTRATION DEADLINE:

September 1, 2022

*looking
forward to
seeing you*